

PREMIER LEAGUE PRIMARY STARS



Premier League
**Primary
Stars**



Premier League
Primary Stars

Be inspiring...

You are a Premier League Primary Star for being
inspirational to others.

Be fair...

You are a Premier League Primary Star for being
considerate and thinking of others.

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PLPS WITH NOTTINGHAM FOREST COMMUNITY TRUST

AN INTRODUCTION

Premier League Primary Stars uses the appeal of the Premier League and professional football clubs, including Nottingham Forest, to help primary school children to be active and develop essential life skills.

The programme has been developed and is managed by the Premier League Charitable Fund (PLCF), a Premier League-funded charity which aims to create positive and lasting sporting, health and education outcomes for children, young people and the wider community.

Throughout the Premier League Primary Stars programme, Nottingham Forest Community Trust will:

- Engage children to take part in and enjoy more football, sport and physical activity
- Support teachers with the knowledge, skills and confidence to deliver PE and sport
- Help children gain the skills they need to reach their goals
- Increase children's interest, understanding and confidence in English and Maths

Nottingham Forest Community Trust's Primary Stars offer is tailored to the school's individual requirements and values. The programme encompasses the whole curriculum, including PE, English, Maths and PSHE.





PREMIER LEAGUE PRIMARY STARS VALUES

BE AMBITIOUS

Work hard and never give up on your goals

BE INSPIRING

Set a great example to others

BE CONNECTED

Work well with others and in a team

BE FAIR

Treat people equally and think of others

BE ACTIVE

Give high energy within physical activities



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WHAT'S ON OFFER?

A dedicated coach for one day per week, 39 weeks per year, during which we will deliver:

- Physical Education and delivery support for teachers
- Targeted interventions and delivery in English, Maths and PHSE
- Inclusive lunchtime and afterschool clubs (mixed and boys/girls dedicated)
- Collapsed Curriculum Days
- Education activations / workshops
- Social Action Projects (Ambassadors in Sports and Mental Health, Protect the Planet)
- Teacher CPD (Primary Teachers Award, inset day training)
- Competitions / Festivals / Sports Days



PHYSICAL EDUCATION DELIVERY SUPPORT FOR TEACHERS

Nottingham Forest Community Trust offer Physical Education for both Key Stage 1 and 2 pupils. Our delivery is primarily to support teachers in areas where they may not be as confident or require additional support.

Topics of delivery are whatever the school requires. Of course, Nottingham Forest Community Trust can offer football, but we'll do everything else, from Bollywood dance and gymnastics to basketball and table tennis!

Teachers are consulted on what the delivery will consist of and have access to session plans including online resources which provide a range of warm up and skill-based games they can use inside and outside of the classroom.

“ I 100% FEEL LIKE I HAVE BEEN ABLE TO DEVELOP MY PE DELIVERY FOR NOT ONLY MYSELF BUT THE CHILDREN. I THINK ONE OF THE MAIN REASONS IS, I GOT A CHANCE TO FOCUS ON THE MANAGEMENT OF THE CLASS, LOOKING AT HOW THE COACH BREAKS DOWN DIFFERENT SKILLS THAT NEED TO BE TAUGHT WITH SIMPLE STEPS.

I ALSO THINK THE PLANNING SIDE, EQUIPMENT USAGE AND THE ABILITY TO COMMUNICATE WITH THE COACH ON WHY THEY ARE DOING WHAT THEY ARE DOING HAS HELPED MASSIVELY. ”

5 Henna Sheikh – Arnbrook Primary School



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KEY STATISTICS

38 targeted pupil interventions



PSHE



English



Maths

58

Teachers mentored

13

Teachers attended CPD training

15 Competitions



113

COLLAPSED CURRICULUM DAYS

8

Social Action programmes based on Sports /Mental Health Ambassadors



15

ANTI-DISCRIMINATION WORKSHOPS



51

SCHOOLS engaged

18

PARTNER



SCHOOLS

Stats based on 22/23 academic year



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TARGETED INTERVENTIONS

Working inside the classroom, Nottingham Forest Community Trust support schools by providing dedicated and focussed interventions with those students who may be struggling with their English and Maths.

Utilising the Premier League Primary Stars resources, our hardworking team of coaches will work closely with teachers to identify the areas where students may be struggling and devise a plan to help them learn, improve and progress.

In addition to English and Maths, Nottingham Forest Community Trust also offer a variety of PHSE workshops and assemblies focusing on topics including mental health, wellbeing, bullying, internet safety and more.

“READING STARS IS A BIG FOCUS HERE AT CRABTREE, ONE STUDENT IN PARTICULAR WON AN AWARD FOR HIS READING THROUGH PRIMARY STARS WHICH IS FANTASTIC. THE STAFF BUILT UP HIS CONFIDENCE, EMPHASISING THE IMPORTANCE OF READING, TAKING TIME ON A ONE-TO-ONE BASIS BEFORE EASING HIM INTO GROUP WORK, IT HAS HAD SUCH A POSITIVE IMPACT JUST BY HAVING THAT MORE FOCUSED APPROACH.”

Nichola Harper – Crabtree Farm Primary School



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INCLUSIVE LUNCHTIME AND AFTERSCHOOL CLUBS

Our lunchtime and afterschool provisions engage those pupils less confident in taking part in activities, as well as mentoring students with behavioural issues.

From Table Tennis to Football, we tailor our delivery to each schools' needs, and offer clubs dedicated to boys, girls or mixed gender.



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COLLAPSED CURRICULUM DAYS

Collapsed Curriculum Days gives schools an alternative learning environment, focussing on a variety of topics. Mixing-in with other Primary Schools, the events are held at the City Ground and include group discussions and activities to build participants confidence within a non-classroom setting.

Falling into the PHSE curriculum block, topics include mental health and well-being, healthy eating, behaviour and more – with pupils also having the chance to speak to Nottingham Forest players where available.

“ WHEN WE BRING THE CHILDREN OUT INTO THIS DIFFERENT SETTING AND ENVIRONMENT, THEY REACT A LITTLE BIT DIFFERENTLY – IT HELPS TO RELAX THEM AND APPROACH LEARNING IN SUCH A WAY THAT THEY TAKE MORE IN AND ENGAGE MORE. ”

Wayne Smith – Holgate Primary



EDUCATION ACTIVATION / WORKSHOPS

Throughout the academic year, Nottingham Forest Community Trust organises tailored workshops, delivered school-wide or to a specific class/year group, either via an assembly or within the classroom.

Like the Collapsed Curriculum Days, the workshops predominantly focus on PHSE topics such as mental health, internet safety and anti-discrimination such as rainbow laces – but also focus on key skill essentials like reading with World Book Day.

The workshops are a great way for young people to develop their skills in a more relaxed setting.

“ THE RANGE OF WORKSHOPS NOTTINGHAM FOREST OFFER IS OUTSTANDING, THERE IS ALWAYS SOMETHING TO SUIT OUR CURRICULUM OR AWARENESS WEEKS, IT’S REALLY HELPED TO BOOST OUR PHSE OPTIONS.

SEEING PEOPLE COME IN FROM A DIFFERENT BACKGROUND HELPS TO HIGHLIGHT THINGS MORE AND SUBCONSCIOUSLY SIT UP, LISTEN, AND ENGAGE WITH THE TOPIC. ”

Claire Shipley – Crabtree Primary



SOCIAL ACTION PROJECTS

Working in partnership with the Premier League, social action projects are an excellent way for pupils to take on a different approach to learning. We offer support in delivering social action projects including 'Protect the Planet' - a Premier League initiative around sustainability.



TEACHER CPD

Through Premier League Primary Stars, we are committed to the continued development of teaching staff as well as pupils. During our delivery, teachers will have access to resources and see first-hand our approach. Partner schools will also be offered the opportunity to send teaching staff to training courses.

These courses will cover a range of topics from invasion games for the sports field, to classroom-based activities – with each course being nationally recognised and delivered by ourselves and the FA PE Team.

“ WE’VE BEEN REALLY IMPRESSED WITH THE APPROACH TO TEACHER CPD, AND OUR STAFF’S PE DELIVERY SKILLS HAVE IMPROVED REMARKABLY.

AS A SCHOOL, WE’RE DOING MORE QUESTIONNAIRES TO FIND OUT HOW WE CAN HELP STAFF AND SINCE THE START OF THE ACADEMIC YEAR, THEY’RE REPORTING THAT THEY FEEL MORE CONFIDENT IN PE DELIVERY, THEY’VE GOT MORE IDEAS SO THEY CAN TWEAK AND EDIT THEIR PLANNING. ”

Ellie Byrne, Sutton Road Primary



COMPETITIONS, FESTIVALS AND SPORTS DAYS

Competitive sport is a way of life, however Nottingham Forest Community Trust is dedicated to helping those children who may be struggling to engage with sport, or those who may not always get the opportunity to compete, to do just that!

The Trust runs Football Festivals throughout the academic year and schools are invited to participate against other schools local to them in a non-competitive festival.

Partner schools are also invited to compete in several multi-sport festivals and competitions, and to participate in the nationally recognised EFL competition – the EFL Kids Cup, with the winning team from the regional stages getting to represent Nottingham Forest at regional, and possibly national level – with the overall cup final taking place at Wembley Stadium.

We can also deliver Sports Days for your school, tailored to your needs, and facilitate keeping all children active and included in the school calendar of events.

Your Lead Coach can work with your PE Coordinator to align PE delivery and lunch time/after school clubs with local inter school competition schedule, so pupils are fully prepared.

“**FOOTBALL IS A BIG SPORT WITHIN OUR SCHOOL, SO TO GIVE THESE CHILDREN THE OPPORTUNITY TO PLAY AT SOME GREAT FACILITIES IS REALLY IMPORTANT AND YOU CAN TELL BY THEIR FACES THAT THEY LOVE IT.**

THE CONFIDENCE THEY’LL TAKE FROM PARTICIPATING WILL STAY WITH THEM, AND THAT WILL CONTINUE TO GROW WITH THE MORE OPPORTUNITIES THEY’RE GIVEN.”

Ashley McIlwaine - Holly Primary



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IN FOCUS:

CRABTREE FARM

“ WE FIND HAVING AN ADDITIONAL PAIR OF HANDS REALLY HELPFUL IN YEAR 6. IT HAS HELPED TO INCREASE THE CHILDREN’S LOVE OF READING AND HAS ENABLED ALL CHILDREN TO BE LISTENED TO, ESPECIALLY OUR MOST VULNERABLE READERS. WE HAVE BUILT RELATIONSHIPS WITH OUR COACHES AND THEY HAVE WORKED WITH US TO IMPROVE OUR PE OFFER. WE HAVE ALSO DEVELOPED A GIRLS FOOTBALL CLUB WHICH WAS STARTED BY A PLPS COACH. ”

Katherine Marshall, Phase Leader & PE Lead

NOTTINGHAM ACADEMY PRIMARY

“ WE HAVE HAD OPPORTUNITIES OUTSIDE OF SCHOOL WHICH WOULD OTHERWISE HAVE NEVER BEEN AVAILABLE TO US. THIS INCLUDES SEEING THE CITY GROUND UP CLOSE, MEETING FAMOUS AUTHORS AND EVEN PLAYING ON THE ELLAND ROAD PITCH. OUR CHILDREN ARE ENTHUSED BY SEEING THE NFFC STAFF WHO WORK WITHIN SCHOOL AND THEY ENJOY THE LESSONS THAT THEY HAVE WITH THEM. NFFC HAS PROVIDED US WITH SUPPORT FOR OUR PUPIL PREMIUM CHILDREN AND WE ARE LOOKING FORWARD TO CONTINUING TO WORK WITH THEM THIS YEAR. ”

Andrew Staszkiwicz, Assistant Principal



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To register your school or to enquire further about our Premier League Primary Stars programme please contact:

Megan Haynes, Premier League Primary Stars Co-ordinator

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nottinghamforestcommunitytrust.co.uk

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